

THE CLARION

A JOURNAL OF HOPE

**SUMMER 2002
ISSUE NUMBER 36**

Message from Brother Raphael 2

The Camillus Volunteer Experience –
Be a part of it! 3

Camillus Health Concern Expands
its Mental Health Program 6

Camillus House Wins First Annual
Not-for-profit Novo Award For
Innovation 7

Norman’s Dinner & Wine Auction
Raises Funds For Homeless
Individuals And Families 7

You All Come Back Now! 8

-EN ESPAÑOL-

Como es la vida en la “cola
para la comida” 4

Mensaje del Hermano Raphael 5

Camillus Health Concern
Expande su Programa de
Salud Mental 5

EDITORIAL STAFF

EDITOR
Sam Gil

CONTRIBUTORS
Jay Carrion
Joe Saceric

PRESIDENT/CEO
Brother Raphael Mieszala, BGS

EXECUTIVE DIRECTOR, CAMILLUS HOUSE
Dale Simpson

EXECUTIVE DIRECTOR,
CAMILLUS HEALTH CONCERN
Josie Díaz

CHIEF FINANCIAL OFFICER
Georgina Pardo

DIRECTOR OF GOVERNMENT RELATIONS &
COMMUNITY AFFAIRS
Peter A. England

THE CLARION IS A PUBLICATION
OF CAMILLUS HOUSE, INC.
336 NW 5TH STREET, MIAMI, FL 33128

MAILING ADDRESS:
PO BOX 11829, MIAMI, FL 33101-1829

TEL: 305-374-1065

FAX: 305-372-1402

www.camillus.org

email: contactus@camillus.org

Life on the ‘food line’

By Sam Gil

Feeding the hungry is one of the most basic – and most important – services we provide to our community. For many of the people who come to Camillus House our food service department, or ‘food line’ as it is commonly referred to, is the first step in what we hope will be the beginning to building a trusting relationship. The fact is that a majority of the people who ultimately enter our programs begin their journey with a hot meal.

At 3 o’clock every day except Sunday, folks line up in our courtyard and along Northeast Eighth Street waiting for their first meal of the day. First, the elderly are escorted in and seated inside the Camillus dining room, a small room lined with tables and chairs. As meal time approaches, the noise level intensifies as staff and volunteers alike scramble to prepare and serve the hundreds of people waiting their turn.

Providing food for so many is harder now than it’s ever been – each day we must have enough food on hand to prepare 1200 meals! “We do a lot of improvising,” says head chef, Larry Humes, who has a



Volunteers from Johnson and Wales University have an opportunity to learn and help prepare meals at Camillus

gift for making a little go a long way. “I’ll take anything, and find a way to use it.”

The people come in groups of 10, a young man with long hair, and a faded tattoo on his arm, a middle-aged woman with her two children, a man with no teeth carrying his belongings in a plastic sack; and a woman in a wheelchair. They all come through – some won’t look up, others nod politely, others joke or ask for an extra slice of bread. Many come back through the line two or three times, devouring whatever is left.

For Larry, who’s keeping the team of cooks and servers on the go, he knows that this is more than just a

Providing food for so many is harder now than it’s ever been – each day we must have enough food on hand to prepare 1200 meals!

meal. Larry, who turned his own life around at Camillus House,

...continued on Page 2



A Message from Brother Raphael



As I reflect on the first half of this year I can't help but think of all the people that were personally touched by the

tragic events of last September. As the initial shock turned to anger and the anger to resolve, we saw a nation united as one community.

The American spirit never ceases to amaze me, for in the midst of all the adversity we've experienced, we continue to rise above our circumstances.

This is not only a testament to our courage, but also proof of our faith in God to get us through troubled times.

As I prepared to write this message and considered the impact that 9/11 has had on our nation and our community, I felt moved to consider our blessings rather than dwelling on our misfortune. First, I thought of the thousands of workers who risked their lives in the hope of saving lives, if only one life. I thought of the compassion that was poured into New York and Washington from all corners of the country.

I then narrowed my focus and considered our own community and this very mission that I serve. I thought of our volunteers who selflessly give of themselves to help others, of our donors who carry the burden of funding the

services we provide and without whom we could not survive. And, of course, I also thought of the poor and the homeless whose lives are touched each day by the kindness of others.

I believe that God appropriates a measure of Grace each day that is undeniably present and unmistakably His. The truth is that our work here at Camillus House is a blessing not only to those that are served but also to those who serve. As we approach the mid-point of this year, let us take the time to reflect upon our own blessings and remember to share them with those who are less fortunate.

May God continue to bless you and your family.

Food Line . . . continued from Page 1

understands that feeding the hurting and homeless is a labor of love. "It's my life," he says. "When they come for their meal, we give them food and something they don't get anywhere else: a hearty 'HELLO' and a hug. We laugh with them, we joke and we play."

By 5 o'clock, the great 65-gallon vat in the kitchen, once full of stew, is empty. Larry now considers the

ration to 240 lbs per day, using vegetables, potatoes, and whatever else he can think of to make his stews stretch enough to nourish all who come in search of a meal. Larry is a master improviser, but it's getting more and more difficult.

Especially, near the end of the month, when food stamps and

Social Security checks run out. The lines get longer – and Larry wonders if he'll be able to stretch "the loaves and fishes" to

feed the many hungry who come... He whirls around and leans over and whispers to me, "When I open the pantry and the donations are low, I pray that the Lord multiply what little we have."

The need is already great and it continues growing. Camillus can



Chef Larry Humes takes a brief moment out of his busy day to pose for this photo in the Camillus kitchen.

"When I open the pantry and the donations are low, I pray that the Lord multiply what little we have."

most recent donation of food he can turn into tomorrow's meal. Before, he would use about 350 lbs of meat a day to prepare protein-filled meals for the hungry. Not expensive meat – turkey wings, pig feet, chicken neck bones, etc...

But he has had to cut that

always use your help. Larry needs help most of all with buying meat so he can pack each meal with protein. He uses eight cases of meat each day to feed the 1200 people that come to us for a meal.

Produce too, especially for salads. "We hardly ever have enough to put together a good salad," says Larry. We can also use citrus and canned goods. And, of course, we can always use volunteers to help prepare and serve meals.





This past March Burger King celebrated the 45th birthday of the WHOPPER sandwich by serving over 800 meals to the clients and staff of Camillus House. Here the Burger King Team works hard preparing the delicious burgers that everyone enjoyed.

The Camillus Volunteer Experience – Be a part of it!

By Joe Saceric



Miami-Dade Community College Women's Group present Joe Saceric (Camillus Volunteer Coordinator) with business and dress clothes for Camillus clients.

Like so many not-for-profit organizations, Camillus House relies heavily on the support that we receive from our volunteers. For over 42 years, Camillus House has benefited from the donation of personal time and good will from so many caring people right here in South Florida.

As Camillus House continues to grow to meet the needs of the people we serve, so does our need for individual and group volunteers. We are always looking for caring individuals to serve food to our homeless guests at mealtime, hand out clothing & toiletries for our shower program and help with the distribution of mail.

Beyond some of our more traditional venues for volunteers, we have expanded the program to include opportunities in other areas of the organization. For instance, recently a Miami-Dade school teacher assisted with the development of a training packet to be used by a group of high school honor students in a tutoring program for the children who live in our Somerville Residence.

We also have volunteers like Courtney Williams and Randy Besosa, young professionals who are bringing their expertise to Camillus House to help enhance and develop new programs. Randy is helping to create a mentoring program for youths in our housing program. Courtney will be providing instruction to the Camillus House Work Program Clients on resume writing, interview techniques and other important skills needed to get a good job. In another instance, Luis Abensur, a student at Miami-

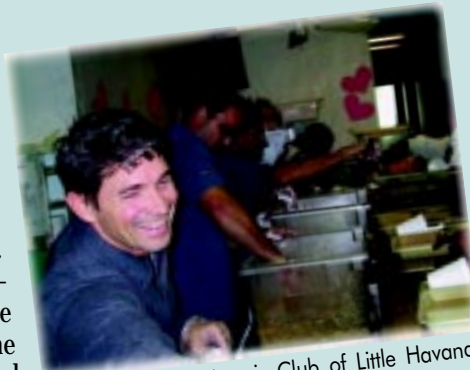
Dade Community College's Service-Learning Program helped to develop a computer database to track volunteers hours.

However, individuals aren't the only source of support we need. Group volunteers have always been a tremendous help to the mission. Groups regularly assist in some of the traditional areas previously mentioned like the Kiwanis Club of Little Havana, whose members donated time and cash to help serve over 600 meals. Other groups like the Carnival F.U.N. Team helped the mission by brightening-up a colorless dining hall into a beautiful color mural that guests can enjoy as they come in for a meal.

We encourage everyone to get involved and experience the satisfaction that comes from the knowledge that as we help others we are also helping ourselves. Volunteer orientations are held on the second Wednesday of every month at 6:00 p.m. For directions and more information, visit the events calendar of our new website at www.camillus.org or call 305-374-1065, ext. 438.



Here the Carnival Cruise Lines F.U.N. Team pose for a photo after a job well done. Among the artists is Bob Dickinson (back row in green hat), President of Carnival and also a long time Camillus Board Member.



Member of the Kiwanis Club of Little Havana help serve food at Camillus House each year during Carnival Miami Week.



The Carnival Cruise Lines F.U.N. Team brightens Camillus' dining room with a colorful mural representative of Miami's beaches.

Como es la vida en la “cola para la comida”

Por Sam Gil

Alimentar a los hambrientos es uno de los servicios más básicos – y más importantes – que brindamos a nuestra comunidad. Para muchas de las personas que vienen a Camillus House, nuestro departamento de servicio de comida, o la “cola para la comida”, como se conoce comúnmente, es la primera parada en lo que será el comienzo de una relación de confianza. El hecho es que la mayoría de las personas que en última instancia ingresan en nuestros programas comienzan su trayectoria con una comida caliente.

A las 3 en punto de la tarde los días de semana y a las 11 de la mañana los sábados, la gente forma cola en el patio y a lo largo de la calle Ocho de Noroeste a la espera de su primera comida del día. Primero, los ancianos y enfermos

días debemos tener comida suficiente para preparar 1200 raciones! “Improvvisamos mucho”, dice el jefe de cocineros, Larry Humes, quien posee el don de lograr mucho con muy poco. “Acepto lo que sea, y encuentro una manera de usarlo.”

La persona viene en grupos de 10, un joven con pelo largo y un tatuaje desteñido en el brazo, una mujer madura con sus dos hijos, un hombre sin dientes cargando sus pertenencias en una bolsa de plástico y una mujer en silla de ruedas. Todos se hacen presentes: algunos no alcanzan la vista, otros asienten cortésmente, otros hacen chistes o piden una rebanada extra de pan. Muchos regresan a la cola dos o tres veces, devorando lo que sea que haya sobrado.

¡Todos los días debemos tener comida suficiente para preparar 1200 raciones!

son acompañados para que se sienten dentro del comedor de Camillus, un cuarto pequeño abastecido de mesas y sillas. A medida que se acerca la hora de comer, el nivel de ruido se intensifica cuando el personal y los voluntarios se aprestan a preparar y servir a los cientos de personas que esperan su turno.

Dar de comer a tantas personas es ahora más difícil que nunca. ¡Todos los



El jefe de cocineros Larry Humes se toma un breve descanso para posar para esta foto en la cocina de Camillus.

Larry, quien mantiene activo a su equipo de cocineros y camareros, sabe que esto es más que una comida. Larry, quien dio un giro a su vida en Camillus House, entiende que alimentar a quienes sufren y a quienes no tienen hogar es un labor de amor. “Es mi vida”, dice. “Cuando vienen a comer, les damos comida y algo más que no reciben en ninguna otra parte: un caluroso ‘HOLA’ y un abrazo. Nos reímos con ellos, bromeamos y jugamos.”

A las 5 de la tarde, la enorme cuba de 65 galones de la cocina, que había estado llena de guisado, ya está vacía. Larry ahora busca la manera de usar la última donación de comida para transformarla en el almuerzo del día siguiente. Antes usaba unas 350 libras de carne por día para preparar comidas con alto contenido de proteína para los necesitados. No era carne cara – alitas de pavo, patitas de cerdo, cogotes de



Voluntarios de Johnson and Wales University tienen la oportunidad de aprender y ayudar a preparar comidas en Camillus.

pollo, etc...

Pero ha tenido que reducir la cantidad a 240 libras por día y usar verduras, papas y cualquier otra cosa que tenga a la mano para lograr que sus guisados alcancen para nutrir a todos aquéllos que vienen a buscar algo de comer. Larry es un maestro de la improvisación, pero cada vez le resulta más difícil. Especialmente hacia fin de mes, cuando se acaban las estampillas de alimentos y los cheques del Seguro Social. Las colas se hacen más largas – y Larry se pregunta si podrá estirar “los panes y los peces” para alimentar a todos los hambrientos que llegan. Se voltea, se inclina y me susurra: “Cuando abro la despensa y hay pocas donaciones, le ruego al Señor que multiplique lo poquito que tenemos.”

La necesidad ya es grande, y sigue aumentando. Camillus siempre necesita su ayuda. Larry necesita, por sobre todas las cosas, carne para poder agregar proteína a cada comida. Usa ocho cajas de carne al día para las 1200 raciones que se prepara todos los días. Verduras frescas también, especialmente para ensaladas. “Casi nunca tenemos lo suficiente como para armar una ensalada”, dice Larry. También nos vendrían bien frutas cítricas y comida enlatada. Y, por supuesto, siempre necesitamos voluntarios que nos ayuden a preparar y servir las comidas.



Mensaje del Hermano Raphael



Al reflexionar sobre la primera mitad de este año no puedo dejar de pensar en todas las personas que se vieron

personalmente afectadas por los trágicos eventos del pasado 11 de Septiembre. A medida que la conmoción inicial se fue transformando en ira, y la ira dando paso a la determinación, vimos al país unido en una sola comunidad.

El espíritu Americano no deja de sorprenderme, ya que en medio de toda la adversidad que sufrimos, continuamos elevándonos por encima de las circunstancias. Esto no sólo demuestra nuestra valentía, sino que también prueba nuestra fe en Dios para superar los momentos

difíciles.

Cuando me puse a escribir este mensaje y consideré el impacto que el 9/11 había tenido en nuestra nación y en nuestra comunidad, me sentí inclinado a considerar nuestras bendiciones en lugar de cavilar sobre nuestras desgracias. Primero pensé en los miles de rescatistas que arriesgaron su vida con la esperanza de salvar a otros. Pensé en las demostraciones de compasión que llegaron a Nueva York y Washington desde todos los rincones del país.

Luego afiné el foco y consideré nuestra propia comunidad y la mismísima misión en la que sirvo. Pensé en nuestros voluntarios, quienes tan desinteresadamente se brindan a los demás para ayudar, pensé en nuestros benefactores, que llevan la carga de financiar los

servicios que ofrecemos y sin quienes no podríamos sobrevivir. Y, por supuesto, también pensé en los pobres y en los desamparados cuyas vidas se ven tocadas cada día por la bondad de los otros.

Creo que Dios todos los días destina una medida de Gracia que está innegablemente presente y que es, sin lugar a dudas, Suya. La verdad es que nuestra tarea aquí en Camillus House es una bendición no sólo para aquéllos que son servidos sino también para quienes sirven. A medida que nos acercamos a mediados de año, dediquemos unos momentos a reflexionar sobre nuestras propias bendiciones y a recordar compartirlas con quienes son menos afortunados que nosotros.

Que Dios continúe bendiciéndolos a ustedes y a sus familias.

Camillus Health Concern expande su Programa de Salud Mental

Por Jay Carrion y Sam Gil

Las enfermedades mentales son trastornos del cerebro que perturban el pensamiento, los sentimientos, el estado de ánimo y la capacidad de relacionarse con los demás de una persona. Del mismo modo que la diabetes es un trastorno del páncreas, las enfermedades mentales son trastornos del cerebro que muchas veces disminuyen la capacidad para hacer frente a las exigencias de la vida diaria.

Las enfermedades mentales afectan a personas de cualquier edad, raza, religión o ingresos. Y, si bien siete millones de personas en este país y más de cinco millones de niños y adolescentes padecen de serios trastornos crónicos del cerebro. Las personas con enfermedades mentales constituyen un porcentaje mucho mayor entre los desamparados. Por ejemplo, mientras que sólo un cuatro por ciento de la población general de EE.UU. tiene enfermedades mentales serias, entre los desamparados los índices son hasta cinco o seis veces mayores, componiendo de un 20-25%

de la población. Los diagnósticos incluyen enfermedades mentales perturbadoras y serias, como depresión grave crónica, trastorno bipolar, esquizofrenia y trastornos de la personalidad graves.

Por qué tantos, se preguntará. Las personas con enfermedades graves serias tienen mayor dificultad para salir de su estado de desamparo que las demás personas. Están desamparados con mayor frecuencia y por más tiempo que otros subgrupos de desamparados. Muchos han estado en la calle por años. Y la mitad de ellos también tienen adicciones. Sus síntomas muchas veces están activos y no reciben tratamiento por ellos, por lo que les resulta muy difícil satisfacer sus necesidades básicas de alimento, techo y seguridad, y angustian a quienes los observan. Son indigentes, y es posible que no reciban ciertos beneficios a los que tienen derecho.

¿Qué se puede hacer? A la mayoría de los enfermos mentales se los puede convencer de recibir tratamiento. La clave para lograrlo es brindarles un



En la fotografía observamos a los estudiantes y al Doctor de la Escuela de Psiquiatría de la Facultad de Medicina de la Universidad de Miami trabajando en el Programa de Salud Mental de Camillus Health Concern. De izquierda a derecha: Teri Robiou, Margaret M. Mustelier, Dr. Efrain D. Gonzalez, Luzmaria Berrio, Herbert Ginart, Armando G. Alonso, Ashley de Marchena.

tratamiento de salud mental completo. El programa de servicios de salud mental de Camillus Health Concern (CHC) está totalmente integrado a los servicios de salud y sociales que brinda CHC, lo que asegura a los pacientes la continuidad de la atención.

El programa brinda dos tipos de

(continúa en la página 8)



Camillus Health Concern Expands its Mental Health Program

By Jay Carrion and Sam Gil

Mental illnesses are disorders of the brain that disrupt a person's thinking, feeling, moods and ability to relate to others. Just as diabetes is a disorder of the pancreas, mental illnesses are brain disorders that often result in a diminished capacity for coping with the ordinary demands of life.

Mental illness can affect persons of any age, race, religion or income. And, while over seven million people in this country and over five million children and adolescents suffer from a serious chronic brain disorder, people with serious mental illness are over-represented among the homeless population. For instance, while only four percent of the U.S. population has serious mental illness, five to six times as many people who are homeless (20-25%) have serious mental illness. Their diagnoses include the most personally disruptive and serious mental illnesses including severe, chronic depression, bipolar disorder, schizophrenia, and severe personality disorders.

Why so many, you may ask. People with serious mental illnesses have greater difficulty overcoming homelessness than other people. They are homeless more often and for longer periods of time than other homeless subgroups. Many have been on the streets for years. And, up to 50% have co-occurring mental illness and substance use disorders. Their symptoms are often active and untreated, making it extremely difficult for them to meet basic needs for food, shelter and safety and causing distress to those who observe them. They are impoverished, and many are not receiving benefits for which they may be eligible.

So what can be done? Most people with mental illnesses can be voluntarily engaged or re-engaged in treatment. A key in making this possible is to provide integrated mental health treatment delivered in a multidisciplinary approach. The mental health services program at Camillus Health Concern (CHC) is fully integrated into the health care and social services components of CHC, ensuring patients continuity of care.

The program is comprised of two critical components that work together to provide comprehensive mental health services to the homeless and underserved patients of the health center: clinical psychology and psychiatric services. The clinical psychology program at Camillus Health Concern is provided by Dr. Efrain Gonzalez. This program initially began in 1991 with a dedicated staff of volunteer psychologists and interns



Pictured here are the students and the Doctor from the University of Miami School of Medicine's Psychiatric School that are working with Camillus Health Concern with its Mental Health Program. From left to right: Teri Robiou, Margaret M. Mustelier, Dr. Efrain D. Gonzalez, Luzmaria Berrio, Herbert Ginart, Armando G. Alonso, Ashley de Marchena

providing direct, on-site mental health services that include individual therapy and group counseling.

The psychiatric component is staffed by an Advanced Registered Nurse Practitioner and a Licensed Psychiatrist, who provide psychiatric services sixteen hours per week on-site.

This newly implemented program allows CHC to provide patients with comprehensive quality mental health services that center on intervention, evaluation, treatment, medication as well as follow-up, which is critical. Often a patient will become stabilized on medication. Then, when feeling better, he or she decides they could do even better without the medication. The patient crashes and the cycle begins all over. That's why group and individual counseling is so important.

By addressing this important aspect of a person's health, Camillus Health Concern can help to reduce symptoms and improve the health of the person, which ultimately allows him or her to function in the community.

Mental illnesses are treatable. As a diabetic takes insulin, most people with serious mental illness need medication to help control symptoms. Supportive counseling, self-help groups, housing, vocational rehabilitation, income assistance and other community services can also provide support and stability, contributing to recovery. To learn more about this and other Camillus Health Concern programs visit our website at www.camillus.org



Camillus House Wins First Annual Not-for-profit Novo Award For Innovation

The Greater Miami Chamber of Commerce recently honored Camillus House, as they presented their first annual not-for-profit NOVO Award. The award is presented to not-for-profit organizations that exemplify innovation by demonstrating a “new dimension” of performance that has made a difference in the lives of the people it serves.



(L-R) Barbara Garrett, Novo Awards Committee co-chair; Steve Marcus, Not-for-Profit Committee co-chair; Karen Mahar, Camillus House (holding the award); Dale Simpson, Camillus executive director (behind); Tom Campbell, Camillus House; Denis Russ, Novo Awards Committee co-chair.

Camillus House received the award in the category of non-profit organizations with a budget of over \$1 million. The award was for Camillus’ Somerville Residence Program, which offers permanent, supported housing for formerly homeless families recovering from substance abuse or other serious issues. The program incorporates several unique components making it an innovative model for permanent housing programs such as an urban garden whereby residents are learning to grow their own fruits, vegetables and herbs, a demonstration kitchen, which teaches nutrition and cooking skills, and computer training, where every apartment comes equipped with its own computer and printer.

CAMILLUS HOUSE BOARD OF DIRECTORS

MR. JONATHAN I. KISLAK, CHAIRMAN

MEMBERS

- Mr. Rolando Bichara
- Mr. Donald Bierman
- Mr. Morris N. Broad
- Ms. Kate M. Callahan
- Ms. Jeanie Cannan-Vidaurreta
- Mr. Roger Carlton
- Mr. Ray Casas
- Rev. Donald F. Clarke
- Ms. Leona H. Cooper
- Ms. Margarita Rohaidy Delgado
- Mr. Guillermo Descalzi
- Mr. Robert Dickinson
- Mr. Theodore D. Gelman
- Mr. Alan G. Greer, Esq.
- Mr. David Herzig
- Mr. James L. Horan
- Mr. Edward J. Joyce
- Mr. Ronald Kohn, CCM
- Mr. Robert Ludwig, Jr.
- Bro. Richard MacPhee, BGS
- Ms. Angela Masson
- Bro. Raphael Mieszala
- Mr. Rafael Portuondo
- Mr. Joe Pruna
- Mr. Ramon Rodriguez
- Mr. Raul Rodriguez
- Mr. Suhel Skaf
- Mr. Enrique Silva
- Mr. Roger Soman, Chairman Emeritus
- Ms. Jennifer L. Tisthammer
- Rev. Msgr. John J. Vaughan
- Mr. Peter Vandenberg
- Ms. Esther M. Vidaurreta-Pujol

CAMILLUS HEALTH CONCERN BOARD OF DIRECTORS

EUGENIO CHINCHILLA, CHAIRMAN

MEMBERS

- Larry Anderson
- Charlie Canova
- James Deleveaux
- Raphael Del Pino
- Monica John
- Cheryl Little, Esq.
- Brother Richard MacPhee, BGS
- Frantz Merceron
- Brother Raphael Mieszala, BGS
- Lorena Moncada
- Calvin Moore
- Paul Rothman
- Nelson Sabbagh, CPA
- Thomas E. Zamorano

Providing individuals and families with a place to live.

Event Sponsors

SOUTHERN WINE & SPIRITS
NORMAN’S

Presenting Sponsor

CARNIVAL CRUISE LINES

Silent Auction Sponsor

Jordan A. Linn
Equity One, Inc.
White & Case, LLP.

Dinner Sponsors

Connie Ryan & Tom Bales
Ted Gelman
Sue & Leonard Miller

Live Auction Sponsors

Gallagher Financial Systems
Northern Trust Bank
Ocean Bank
Total Bank

Norman’s Dinner & Wine Auction Raises Funds For Homeless Individuals And Families Served By Camillus House

On Wednesday, March 20th, a sold-out crowd gathered at NORMAN’S for the Third Annual NORMAN’S Camillus House Dinner. The festivities included an exquisite gourmet dinner created by renowned Chef Norman Van Aken and a



Taking a moment away from the fundraising festivities: Ana Azcuy Gelman, Chef Norman Van Aken and Ted Gelman, Camillus Board Member



Camillus House Board Chairman, Jonathan Kislak presents a plaque of recognition for Presenting Sponsor to Linda Coll of the Carnival Cruise Lines Foundation and Bob Dickinson, President of Carnival Cruise Lines and Camillus Board Member along with Brother Raphael Mieszala, President of Camillus.

fabulous auction organized by Bob Dickinson, President of Carnival Cruise Lines. The auction featured an exceptional selection of wines, cruises and lifestyle items.

The event, with the theme “Seeding the Future,” raised much needed funds to help Camillus House address the most obvious aspect of homelessness:



YOU ALL COME BACK NOW!

We've redesigned our website and it's better than ever. Now you can experience the Camillus House mission in full color as you read about new services being offered, success stories and much more. Want to learn about the history and origin of Camillus? Just point and click. Get to know the management team or register for a volunteer orientation. It's all there. Want to find out what events are coming up? It's simple, just click on our calendar of events and browse until your heart's content.

We've even made it possible to donate online – it's easy and secure. Give it a try. Best of all, we are constantly updating the site with new features and stories that will keep bringing you back for more. See you online.



Visit us at www.camillus.org

Camillus Health Concern (viene de la página 5)

servicio de salud mental integrales que funcionan juntos para atender a los desamparados y a pacientes subatendidos del centro de salud: servicios de psicología clínica y psiquiatría. El programa de psicología clínica de Camillus Health Concern lo provee el Dr. Efrain Gonzalez. Este programa se inició en 1991 con un plantel dedicado de psicólogos y practicantes voluntarios que proveían servicios de atención de la salud mental en el centro mismo, los que incluían terapia individual y en grupo.

La parte de psiquiatría está a cargo de un enfermero titulado practicante y un psiquiatra titulado, quienes brindan servicios de psiquiatría dieciséis horas por semana en el

centro mismo.

Este nuevo programa le permite a CHC brindar a los pacientes servicios de salud mental completos y de calidad que se centran en la intervención, la evaluación, el tratamiento y la medicación además del control posterior, que es crucial. Muchas veces los pacientes se estabilizan al recibir medicación. Entonces, al sentirse mejor, deciden que se sentirían aún mejor sin el medicamento. El paciente decae y el ciclo comienza de nuevo. Por eso es tan importante la terapia individual o en grupo.

Al atender este aspecto tan importante de la salud de la persona, Camillus Health Concern puede ayudar a reducir sus síntomas y mejorar su

salud, lo que en última instancia le enseña a funcionar en la comunidad.

Las enfermedades mentales son tratables. Del mismo modo que los diabéticos reciben insulina, la mayoría de las personas con enfermedades mentales necesitan medicación para controlar los síntomas. La terapia de apoyo, los grupos de autoayuda, la vivienda, la rehabilitación vocacional, la ayuda para con el ingreso y otros servicios de la comunidad también pueden brindar apoyo y estabilidad, lo que contribuye a su recuperación. Para averiguar más sobre este y otros programas de Camillus Health Concern visite nuestro sitio web en www.camillus.org.

WISH LIST

ALWAYS IN DEMAND

Towels / Blankets
Men's pants, all sizes
Men's shoes, sizes 10+
Men's socks & underwear
T-shirts & shorts
Women's undergarments
Feminine hygiene products
Soap / Deodorant

Razors / Shaving cream
Toothpaste / Toothbrushes
Non-perishable food items

SPECIAL ITEMS

Toys & Stocking Stuffers for Christmas
Window A/C units
Vacuum cleaners
Washers & dryers
Brooms & mops

Laundry detergent (bulk)
Cleaning supplies
Delivery truck with hydraulic lift
Large walk-in freezer
Welding machine
Walking canes
Gift certificates / passes to:
Sporting Events, Craft stores,
Movies, Museums
\$10 Gift Certificates

